



Serving our clients
Since 1996

HRSGROUP TODAY

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Congratulations Dan!

We at HRSGroup Inc. are very pleased to announce that Dan Beal, our Training Director, has completed the first leg in his University course to receive a Certificate in Health Safety and Environmental Processes. He can now use the designation CHSEP-Foundation Level. He will now concentrate on the next half to finish his education for the CHSEP designation. The course material is recognized by the Board of Canadian Registered Safety Professionals and the Canadian Society of Safety Engineering. His plans include an application to write the BCRSP's exam to become a Canadian Registered Safety Professional (CRSP) as he now has all the criteria in place to achieve that designation.

When you hire HRSGroup you will receive your training or consulting from professionals who have not only worked in Health and Safety for many years but have attended many courses, written many exams and have worked very hard to make sure you receive the best information and services we can offer.

Call HRSGroup Inc.
For Professional Assistance
For your Health and Safety Needs
705-749-1259, 1-877-907-7744 or visit our website at www.hrsgroup.com

MOL Blitz Plans

The Ministry of Labour conducted a Blitz in January and February 2013 in the Mining Sector. They were concentrating on Underground mines and Ventilation Hazard issues.

In February and March they are Blitzing the Industrial and Construction Sectors concentrating on Slips, Trips and Falls in areas such as Ladder Safety and Fall Protection Hazards.

Also in February and March the Health Care Sector will be Blitzed concerning Workplace Violence.

Are you compliant, do you need help?
Call HRSGroup Inc.
705-749-1259

Car Explodes Acetylene Tank Stored in Trunk

Stoneham, Massachusetts - A car blew up in a crowded parking lot after a young woman used a remote key to open her 2012 Honda Civic. Jackie Sugrue said she and her boyfriend were walking to the car. As she unlocked the car it exploded all over the parking lot.

The State Fire Marshal, after his investigation, stated the remote ignited acetylene vapours from a tank stored in the trunk. Jackie's boyfriend, a plumber, had stored his equipment, including an acetylene tank, in the car's trunk. What he didn't know was the tank was faulty and had a leak. Highly flammable vapours were leaking into the interior of the car. The remote generated enough of an electrical charge to ignite them.

Although there were people in the parking lot nobody was injured. Jackie said, "My trunk went flying over this whole row of cars into the next row, so it could have turned out really bad."



Do you need a Health and Safety Manual?

HRSGroup can help!
Call
705-749-1259
or
1-877-907-7744

Items of Interest:

- *Congratulations - Dan Beal, CHSEP-Foundation Level*
- *Blitz Program—Update?*
- *Car Explodes in Busy Shopping Mall Parking Lot*
- *New On-Line Courses*
- *New Payment and Cancellation Policies*



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Services Offered by HRSGroup

Some of our many services are:

Health and Safety Training:

We offer health and safety training for industrial, construction, mining, transportation, health care, municipalities and retail industries. Whatever your industry, we can modify our training sessions to meet your needs. Some of the courses offered are:

- WSIB Part I and Part II Certification
- Supervisor's O.H. & S Certificate Program
- Lift Truck Operator Competency *with Practical Evaluations at your location*
- Lift Truck Re-certification Training *with Practical Evaluations at your location*
- Elevated Work Platform Training *with Practical Evaluations at your location*
- Safe Use of Overhead Cranes *with Theory Training and Practical Evaluations at your location*
- Confined Space Entry
- Lockout/Tagout
- Fall Protection
- Transportation of Dangerous Goods
- WHMIS and Customized Workplace Specific Training
- Proper Erection, Inspection & Use of Scaffolding
- Propane Courses: Handling, Filling, Heaters & Torches.
- Construction Stilts - bring your stilts for an evaluation
- Skid Steer with Practical Evaluations

Other Health and Safety Services:

We can help with the specific needs for your workplace. We have experience assisting companies with:

- Workplace Health & Safety Assessments
- Incident and Accident Investigations
- WSIB Workwell Audits - To help you pass the first time
- Developing a Health and Safety Program
- Respirator Fit Testing

On-Line Training

Go to www.hrsgroup.com then click on the online training page to see what training is being offered. New courses are added regularly.

**Call HRSGroup for assistance at
705-749-1259 or 1-877-907-7744.**

Ask about our other available services or have our staff develop a program specific to your business.

HRSGroup is a member of the Ontario Chambers of Commerce. Our staff are members of the Canadian Society of Safety Engineering (CSSE). Our President holds a Certified Health & Safety Consultant (CHSC) designation, go to www.csse.org. Our Training Director has achieved the first step towards a University Certificate in Health, Safety and Environmental Processes, earning a CHSEP-Foundation Level designation. Our propane courses are authorized through the Canadian Propane Association. HRSGroup is an approved provider for Basic Certification, go to www.wsib.on.ca.

Safety Quotes From OSHA

1. "Protect your hands, you need them to pick up your pay cheque."
2. "Safety... did it, done it, doing it tomorrow."
3. "Those precious fingers don't ignore...Or they could end up on the floor."
4. "A Spill, a Slip, a Hospital Trip!"
5. "Safety isn't expensive, its priceless."

Remember Safety is no joke, but enjoy these quotes and slogans they really do have a message.

On-Line Training

Our on-line training is growing all the time. Visit our on-line training page at www.hrsgroup.com to see what is new. We have courses available from a variety of training providers across Canada. The courses produced by HRSGroup are:

"Supervisory" developed for your supervisors who would prefer to take this course in their own time.

"Traffic Control Persons" for those people required to flag at construction sites.

"Chainsaw Safety" We are very excited as this is a big hit across Canada.

"Lock Out/ Tag Out is now available.

Social Networking

Like us on Facebook!

Angela and Dan Beal are on "Linkedin" and would be happy to see you there, too. Join discussion groups for information and advice.

Stay Safe at Work and Home

Think Spring!

**Many people suffer from
SAD at this time of the
year. Your Mental Health
is important, Speak Up!**



Pre-Employment Testing

HRSGroup provides pre-employment testing for companies planning to hire new employees, promoting established employees into supervisory or management positions or considering placing employees into apprenticeship programs.

We can assist you in finding the best fit for your workplace by testing for cognitive, perceptual and dexterity skills. We will also test for types of interests and comprehension of mechanical concepts.

Call HRSGroup at **705-749-1259** for a quote.

Selecting A Health & Safety Professional

When selecting your health & safety professional it is easy to want to find the best deal. We all want to save money in today's economy, however we also need to get the best results from our investment. When you hire a safety company you need to ensure that you are really getting safety professionals and that your money is being invested wisely.

At HRSGroup we do not tell you what your company needs. We talk with you and help you to determine your needs based on the work your company does. We do not charge for anything you don't need, such as a membership. You receive and pay for what you want. We also send you a quarterly newsletter and we are always here to answer your questions or concerns, at no extra charge. When you call our receptionist Rose will answer in person. Our prices are affordable and we offer group rates in order to quote the best price for you.

Our staff are health and safety professionals with many years experience in the Mining, Manufacturing, Construction, Service and Retail sectors.

Angela Beal, our President, holds a CHSC designation in health and safety and Dan Beal, our Vice President and Training Director, is currently attending University to attain a certificate in health and safety. He has met the requirements to use the designation CHSEP-Foundation Level in health, safety and environmental processes. He is half way to his certificate and will then be able to use the designation CHSEP and be eligible to write an exam for a CRSP designation.

HRSGroup is the only approved provider for Basic Certification in the Peterborough area and we are authorized trainers for propane through the Canadian Propane Association.

HRSGroup is a locally owned Canadian company. We have no affiliations outside Canada, so you can be sure all your training has Canadian content and is based on the Ontario Regulations.

Before you spend your hard earned money ask yourself what you really need and are you going to get it?

Call HRSGroup
at 705-749-1259

for a free preliminary consultation.

Ask about our flexible times, evenings, and weekends

Respirator Fit Testing

HRSGroup consultants are accredited to perform respirator fit tests to meet your needs. Large or small groups can be accommodated at your facility or ours. Call for an appointment today.

We can assist with the correct size and ensure the right fit. We also train your staff in the proper maintenance procedure for their respirators.

Call HRSGroup at **705-749-1259**
for your respirator fit testing needs.

Payment & Cancellation Policies

Due to the economy HRSGroup has had to review the way we do business. This has led to a change in our payment and cancellation policies.

We have many different types of clients from large corporations to individuals. Therefore we had to develop different levels in order to accommodate all our client's needs.

Large Corporations - for training - will continue to be invoiced at the completion of training. The only change will be a minimum amount of participants in any group training to take place at their workplace. That will be determined when scheduling the training. For consulting - a deposit of half the quoted amount will be required at the commencement of the project. The remainder will be invoiced at the completion of the project.

Small Corporations - for on-site training - a credit card number will be required upon booking with the charge being applied on the day of training. The quoted amount of participants will be the minimum amount charged. For participants at our scheduled courses - payment will be required upon registration. For consulting - a deposit of half the quoted amount will be required at the commencement of the project. The remainder will be charged to the credit card on file at the completion of the project.

Service Organizations - As they normally pay at the time of training this will not change.

Individuals - Payment upon registration is required. Only credit cards, interact or cash are accepted.

Cancellation Policy - HRSGroup reserves the right to cancel training due to lack of registrations or other reasons outside our control. We will reimburse any amounts paid, in full.

Cancellation by Clients - Five working days prior to the training session - full refund to the credit card on file.

Three working days prior to the training session - half refund to the credit card on file.

Two working days prior to the training session - No Refund.

The client is required to speak to a member of our staff in order to have the cancellation and any applicable refund accepted. Emails or faxes will not be accepted other than as confirmation of a conversation. HRSGroup Inc. will email or fax a confirmation of cancellation and refund, if any.



We're on the web!
www.hrsgroup.com

Your Safety is Our Business!

Ask about our Group Rates & Discounts and Save \$\$\$\$.

We reserve the right to cancel or reschedule sessions based upon response. Sessions can be arranged for presentation at your location. Customized programs are also available to accommodate your specific needs. Our trainers and consultants are covered by WSIB for your protection and carry with them their own basic PPE for on-site work. HRSGroup Inc. carries E & O Insurance. If the course you want is not listed contact our office.

HRSGroup Training Schedule - Spring 2013

<p>Training Location: HRSGroup - Training Room (Across the street from CAA.) 675 - B The Queensway, Peterborough</p>	<p>To Register: Phone: 705-749-1259 or 1-877-907-7744 Or Email: info@hrsgroup.com</p>
<p>WSIB Basic Certification - Part I (3 days) <i>Ask about our Customized Part II Courses</i> HRSGroup is the only WSIB approved provider headquartered in Peterborough. (Discounts for three or more participants per session).</p>	<p>Three Consecutive Days, April 8, 9 & 10, 2013 Three Wednesdays, May 8, 15 & 22, 2013 Three Mondays, June 3, 10 & 17, 2013 Classes are 8:30 a.m. to 4:30 p.m.</p>
<p>Lift Truck Certification - (Does not include Scissor Lifts and Zoom Booms) This training is in compliance to the OHSAA, Ontario Guidelines and the CSA Standard for Lift Trucks B335-04. Includes Practical Evaluation, at your location, to be arranged shortly after the theory session.</p>	<p>Friday March 15, 2013 or Thursday March 28, 2013 Thursday April 11, 2013 or Tuesday April 23, 2013 Monday May 6, 2013 or Friday May 24, 2013 Classes are 8:30 a.m. to 4:30 p.m.</p>
<p>Lift Truck Re-certification (for previously certified operators as to the CSA B335-04) Includes Practical Evaluation, at your location, to be arranged shortly after the theory session</p>	<p>Tuesday March 5, 2013 or Wednesday March. 20, 2013 Friday April 5, 2013 or Friday April 26, 2013 Thursday May 9, 2013 or Tuesday May 28, 2013 Classes are 8:30 a.m. to 12:30 p.m.</p>
<p>Fall Protection - (Prerequisite for Aerial Work Platforms below) Learn about the dangers of working at heights and how to protect yourself. Learn how to select, inspect and don your fall protection equipment.</p>	<p>Thursday March 7, 2013 or Thursday March 21, 2013 Wednesday April 3, 2013 or Tuesday April 16, 2013 Thursday May 2, 2013 or Monday May 13, 2013 Classes are 8:30 a.m. to 11:30 a.m.</p>
<p>Aerial Work Platforms (Scissor Lifts and Zoom Booms) Fall Protection - prerequisite This training is in compliance with the OHSAA and the CSA Standards for Scissor Lifts and Zoom Booms. Includes Practical Evaluation, at your location, to be arranged shortly after the theory session.</p>	<p>Thursday March 7, 2013 or Thursday March 21, 2013 Wednesday April 3, 2013 or Tuesday April 16, 2013 Thursday May 2, 2013 or Monday May 13, 2013 Classes are 12:30 p.m. to 4:30 p.m.</p>
<p>WHMIS (class size minimum 5) Learn about Material Hazards, Labels, Material Safety Data Sheets and Controls as required by the OHSAA and the WHMIS Regulation.</p>	<p>Friday March 1, 2013 Friday April 19, 2013 Thursday May 16, 2013 Classes are 8:30 a.m. to 11:30 a.m.</p>
<p>Transportation of Dangerous Goods (class size minimum 5) This course is designed for anyone who handles, transports or offers for transport dangerous goods and is in compliance with Transport Canada.</p>	<p>Friday March 1, 2013 Friday April 19, 2013 Thursday May 16, 2013 Classes are 12:30 p.m. to 4:30 p.m.</p>
<p>Lockout/Tagout Procedures Learn the proper safety procedure for maintenance of powered equipment and how to protect yourself.</p>	<p>Wednesday March 6, 2013 or Friday March 22, 2013 Friday April 12, 2013 or Tuesday April 30, 2013 Friday May 10, 2013 or Wednesday May 29, 2013 Classes are 8:30 a.m. to 11:30 a.m.</p>
<p>Confined Space Entry Learn about the dangers of entering confined spaces and how to protect yourself.</p>	<p>Wednesday March 6, 2013 or Friday March 22, 2013 Friday April 12, 2013 or Tuesday April 30, 2013 Friday May 10, 2013 or Wednesday May 29, 2013 Classes are 12:30 p.m. to 4:30 p.m.</p>
<p>Propane Courses - Construction Heaters & Torches - Cylinder Handling & Exchange - Filling Automobiles and Propane Cylinders</p>	<p>Saturday March 16, 2013 Tuesday March 12, 2013 Tuesday March 26, 2013 or Wednesday April 17, 2013 Classes are 8:30 a.m. to 12:30 p.m.</p>
<p>Propane Filling - Authorized through the Canadian Propane Association (CPA) This course is designed for workers who are required to fill automobiles and propane cylinders. Includes a Practical Evaluation, at your location. Ask about our propane courses. We have a CPA approved trainer on staff.</p>	<p style="text-align: center;">Call our office or see our website for more information and available courses.</p>

All training prices are subject to HST. Mileage is charged for all practical evaluations to be conducted at locations outside Peterborough's city limits.